

Leading the Lord's Supper

- Prepare the bread and grape juice and/or wine.
- Have your group/church spend some time in silent meditation confessing their sins.
- Read 1 Corinthians 11.23-24: *"For I received from the Lord that which I also delivered to you, that the Lord Jesus in the night in which He was betrayed took bread; and when He had given thanks, He broke it and said, "This is My body, which is for you; do this in remembrance of Me."*
- Have the members of your group/church eat the bread.
- Continue reading 1 Corinthians 11.25: *"In the same way He took the cup also after supper, saying, "This cup is the new covenant in My blood; do this, as often as you drink it, in remembrance of Me."*
- Have the members of your group/church drink the grape juice or wine.
- Continue reading 1 Corinthians 11.26: *"For as often as you eat this bread and drink the cup, you proclaim the Lord's death until He comes."*
- End the Lord's supper in prayer or singing a hymn

(This is a good form to practice in the beginning. The principle is to "do this in remembrance of our Lord Jesus Christ." You may use a different means of expressing the principle by putting 1 Corinthians 11.23-26 in your own words.)